



## ***Attention All Patients and Parents!***

### **IMPORTANT INFORMATION ABOUT CARBONATED SODA**

Here is why it is important to avoid soda during orthodontic treatment:

1. The active ingredient in soda is phosphoric acid, having a pH of 2.8. It will dissolve a nail in about 4 days.
2. You can put a T-bone steak in a bowl of soda and it will be gone in 2 days.
3. You can clean a toilet by pouring a can of soda in the bowl, let it sit for one hour, then flush. The citric acid in soda removes stains from vitreous china.
4. To remove rust spots from chrome car bumpers, rub the bumper with a crumpled-up piece of aluminum foil dipped in soda.
5. To clean corrosion from a car battery, pour a can of soda over the terminals to bubble away the corrosion.
6. To loosen a rusted bolt, apply a cloth soaked in soda to the rusted bolt for several minutes.
7. To bake a moist ham, empty a can of soda into a baking pan, wrap the ham in aluminum foil and bake. Thirty minutes before the ham is finished, remove the foil, allowing the drippings to mix with the soda, for a wonderful brown gravy.
8. To remove grease from clothes, empty a can of soda into a washer load of greasy clothes and add detergent. Run through a regular cycle. The soda will help loosen the grease stains.
9. Soda will also clean road haze from your windshield.

FYI:

- ◆ To carry cola syrup, a commercial truck must use the hazardous material placards reserved for *highly corrosive* materials.
- ◆ The distributors of cola have been using it to clean the engines of their trucks for about 20 years.

***Still want to drink up???***